

42nd ANNUAL SILVER SPOON SKI FEST
2014 February 8, Deep River, Ontario

RACE RESULTS

MEN CHAMPIONS Silver Spoon: Ewan Craig Local Yokel: Ewan Craig MASTERS MEN 15 km I – Peter Tregunno II – Tony Biernacki III – Brian Aller IV – Perry Kirkey V – Barrie Greiner SENIOR MEN 15 km Ewan Craig JUNIOR MEN 15 km (no entries) JUNIOR BOYS 11 km (no entries) JUVENILE BOYS 7 km Graham Daly MIDGET BOYS 4.5 km Mats Halvorsen PEEWEE BOYS 4.5 km Damien Vialaret MIGHTY MITE BOYS 1.5 km Sam Plestid ATOM BOYS 1.5 km William Beedell MITES BOYS 0.5 km Olivier Tremblay	 OPEN 11 km– Monika Cameron 9 km– Doug Ranaltan 4.5 km– Tristan Jones SKATING KNOCKOUT SPRINT CHAMPIONS 13 & UNDER Male: Alexis Lacroix Female: Carly Little 14 to 18 Male: Max Guérout Female: Talia Hennessy 19 & OVER Male: Ewan Craig Female: (no entries)	WOMEN CHAMPIONS Silver Spoon: Ingrid Hagberg Local Yokel: Audrey Hagberg MASTERS WOMEN 11 km I – Alicia Berthiaume II – Kathleen Mottershead III - Christa Ramonat IV – Mary Lynn Benz SENIOR WOMEN Ingrid Hagberg JUNIOR WOMEN 11 km (no entries) JUNIOR GIRLS 7 km Emily Heroux JUVENILE GIRLS 7 km Talia Hennessy MIDGET GIRLS 4.5km Teagan Shapansky PEEWEE GIRLS 4.5 km Britt Halvorsen MIGHTY MITE GIRLS 1.5 km Lydia Dillenbeck ATOM GIRLS 1.5 km Charlotte Brooks MITES GIRLS 0.5 km Brigit Thomas
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RACE CONDITIONS

Weather: Sunny

Temperature: -10C

HOLLO AWARD – Bill Diamond
EIKREM AWARD – David Ross
WATSON AWARD – Barrie Greiner
HINDS FAMILY AWARD – the Audet family
MEMORABLE MOMENTS AWARD – Robert Wiersma

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Category #1 - Mites Boys (5 & under) - 0.5 km

Place	Name	Club	Bib#	Time	Pace	Category
1	Olivier Tremblay		14	0:04:10.1	8:21	MITES BOYS
2	Percy Wiersma	DRXC	1	0:04:28.4	8:57	MITES BOYS
3	William Trotter	DRXC	10	0:05:50.0	11:40	MITES BOYS
4	Raymi Lamure	DRXC	4	0:06:28.0	12:56	MITES BOYS
5	Jack Wadleigh		2	0:06:32.3	13:05	MITES BOYS
6	Tyler Cameron	DRXC	11	0:06:58.1	13:57	MITES BOYS
7	Callum Smith	Deep River	3	0:07:33.7	15:08	MITES BOYS
8	Marc-Antoine Daoust	Skinouk	13	0:07:52.2	15:45	MITES BOYS
9	Warren Hopkins	DRXC	9	0:12:42.5	25:25	MITES BOYS
10	Seamus Fraser	Kanata Nordic	6	0:23:17.8	46:36	MITES BOYS

Category #1 - Mites Girls (5 & under) - 0.5 km

Place	Name	Club	Bib#	Time	Pace	Category
1	Brigit Thomas	Nakkertok	5	0:05:38.0	11:16	MITES GIRLS
2	Emma Bagshaw	DRXC	7	0:06:39.0	13:18	MITES GIRLS
3	Kalya Gazquez	Pembroke Ski Club	12	0:11:16.4	22:33	MITES GIRLS

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Category #2 – Mighty Mite Boys (ages 8-9) - 1.5 km

Place	Name	Club	Bib#	Time	Pace	Category
1	Sam Plestid	Nakkertok	15	0:08:26.2	5:38	MIGHTY MITE BOYS
2	Seamus Williams	Nakkertok	25	0:08:28.4	5:39	MIGHTY MITE BOYS
3	Elrik Johnston	Skinouk	16	0:08:42.4	5:49	MIGHTY MITE BOYS
4	Thomas Fairhead	Nakkertok	27	0:08:48.8	5:53	MIGHTY MITE BOYS
5	Jeremy Strachan	Nakkertok	26	0:09:03.2	6:03	MIGHTY MITE BOYS
6	Owen Brooks	Nakkertok	24	0:09:25.9	6:18	MIGHTY MITE BOYS
7	Orion Wiersma	DRXC	21	0:10:05.3	6:44	MIGHTY MITE BOYS
8	Ethan Bagshaw	DRXC	22	0:10:12.9	6:49	MIGHTY MITE BOYS
9	Nathaniel Levasseur		28	0:10:27.8	6:59	MIGHTY MITE BOYS
10	Liam McDonald	DRXC	31	0:10:51.3	7:15	MIGHTY MITE BOYS
11	Aidan Newman	PAXC	29	0:11:09.2	7:27	MIGHTY MITE BOYS
12	Jay Dadhiala	DRXC	23	0:12:07.4	8:05	MIGHTY MITE BOYS
13	Vincent Gazquez	Pembroke Ski Club	32	0:12:42.3	8:29	MIGHTY MITE BOYS

Category #2 – Mighty Mite Girls (ages 8-9) - 1.5 km

Place	Name	Club	Bib#	Time	Pace	Category
1	Lydia Dillenbeck	DRXC	30	0:10:08.8	6:46	MIGHTY MITE GIRLS
2	Kaia Thomas	Nakkertok	19	0:10:27.9	6:59	MIGHTY MITE GIRLS
3	Clara Biernacki	Pembroke	17	0:10:37.7	7:06	MIGHTY MITE GIRLS
4	Anna Beedell	Nakkertok	20	0:10:45.8	7:11	MIGHTY MITE GIRLS
5	Jamie Hopkins	DRXC	18	0:11:10.9	7:28	MIGHTY MITE GIRLS
6	Madeleine Tremblay		33	0:12:46.5	8:31	MIGHTY MITE GIRLS

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Category #3 - Atom Boys (ages 6-7) - 1.5 km

Place	Name	Club	Bib#	Time	Pace	Category
1	William Beedell	Nakkertok	34	0:10:36.8	7:05	ATOM BOYS
2	Thomas Barney	Nakkertok	40	0:11:38.6	7:46	ATOM BOYS
3	Felix Gazquez	Pembroke Ski Club	43	0:14:22.1	9:35	ATOM BOYS
4	Jack Smith	Deep River	37	0:16:53.2	11:16	ATOM BOYS
5	Cameron Hopkins	DRXC	36	0:19:28.5	12:59	ATOM BOYS

Category #3 - Atom Girls (ages 6-7) - 1.5 km

Place	Name	Club	Bib#	Time	Pace	Category
1	Charlotte Brooks	Nakkertok	39	0:11:34.9	7:44	ATOM GIRLS
2	Grace Ding	DRXC	42	0:18:15.4	12:11	ATOM GIRLS
3	Izalde Pringle		35	0:20:14.5	13:30	ATOM GIRLS
4	Sierra Lamure	DRXC	41	0:25:08.4	16:46	ATOM GIRLS
--	Ava Cleary	PAXC	38	0:21:20.0	14:14	ATOM GIRLS

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Category #4 - Midget Boys (ages 13-14) - 4.5 km (actual distance of 4.48 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Mats Halvorsen	Nakkertok	45	0:16:57.3	03:47	MIDGET BOYS
2	Carter Saunders	Nakkertok	50	0:17:12.7	03:51	MIDGET BOYS
3	Sam Lyon	Nakkertok	51	0:17:38.6	03:56	MIDGET BOYS
4	Thomas Csisztu	Pembroke Nordic	48	0:18:08.7	04:03	MIDGET BOYS
5	Sander Van Walraven	Nakkertok	44	0:18:14.3	04:04	MIDGET BOYS
6	Tyler Allan	Nakkertok	47	0:18:15.2	04:04	MIDGET BOYS
7	Alexis Lacroix	Skinouk	53	0:18:39.5	04:10	MIDGET BOYS
8	Cameron Tomlinson	Nakkertok	52	0:18:50.5	04:12	MIDGET BOYS
9	Clay Moon	Chelsea Nordiq	57	0:19:24.6	04:20	MIDGET BOYS
10	Jeremie Ranger	Skinouk	54	0:19:30.6	04:21	MIDGET BOYS
11	Max Guerout	DRXC	46	0:19:48.9	04:25	MIDGET BOYS
12	Aidan Westdal	Nakkertok	49	0:20:15.3	04:31	MIDGET BOYS
13	Graham Greene	Nakkertok	55	0:20:45.0	04:38	MIDGET BOYS

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Category #5 - Midget Girls (ages 12-13) - 4.5 km (actual distance of 4.48 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Teagan Shapansky	Nakkertok	60	0:18:38.5	04:10	MIDGET GIRLS
2	Carly Little	Chelsea Nordiq	59	0:18:39.6	04:10	MIDGET GIRLS
3	Sophia Jensen	Chelsea Nordiq	62	0:19:20.1	04:19	MIDGET GIRLS
4	Sarah Macintosh	Nakkertok	70	0:19:34.2	04:22	MIDGET GIRLS
5	Chloe Ranahan	Nakkertok	64	0:19:34.9	04:22	MIDGET GIRLS
6	Jenna McClure	Nakkertok	69	0:19:37.2	04:23	MIDGET GIRLS
7	An Duong	Nakkertok	79	0:19:50.3	04:26	MIDGET GIRLS
8	Sophie Ideias	Nakkertok	61	0:20:07.1	04:29	MIDGET GIRLS
9	Lena Kirkham	Kanata Nordic	78	0:20:10.6	04:30	MIDGET GIRLS
10	Nicole Smith	Nakkertok	77	0:20:11.2	04:30	MIDGET GIRLS
11	Nicola Van Der Westhuizen	Chelsea Nordiq	65	0:21:20.3	04:46	MIDGET GIRLS
12	Ella Barney	Nakkertok	76	0:21:21.3	04:46	MIDGET GIRLS
13	Rachel Hornung	Nakkertok Nordic	63	0:21:37.4	04:50	MIDGET GIRLS
14	Fabi Gagne-Montcalm	Skinouk	68	0:21:48.8	04:52	MIDGET GIRLS
15	Taeyun Moon		80	0:21:48.9	04:52	MIDGET GIRLS
16	Maeve Prior	Chelsea Nordiq	73	0:22:01.4	04:55	MIDGET GIRLS
17	Emmanuelle Forge	Skinouk	74	0:22:20.0	04:59	MIDGET GIRLS
18	Elena Martin Dale	Chelsea Nordiq	82	0:22:53.1	05:06	MIDGET GIRLS
19	Marie-Pier Verreault	Skinouk	66	0:22:59.1	05:08	MIDGET GIRLS
20	Nellie Locas	Skinouk	75	0:23:45.4	05:18	MIDGET GIRLS
21	Kesha McInnes	Nakkertok	67	0:23:56.2	05:21	MIDGET GIRLS
22	Jillian Beedell	Nakkertok	71	0:24:00.7	05:22	MIDGET GIRLS
23	Jiya Dadhiala	DRXC	72	0:27:43.9	06:11	MIDGET GIRLS
24	Olivia Bagshaw	DRXC	81	0:32:49.2	07:20	MIDGET GIRLS

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Category #6 - Pee Wee Boys (ages 10-12) - 4.5 km (actual distance of 4.48 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Damien Vialaret	Skinouk	83	0:18:18.0	04:05	PEE WEE BOYS
2	Guillaume Pelchat	Pembroke Nordic	92	0:19:20.4	04:19	PEE WEE BOYS
3	Luke Allan	Nakkertok	84	0:20:05.6	04:29	PEE WEE BOYS
4	Callum Saravanamuttoo	Nakkertok	95	0:21:29.3	04:48	PEE WEE BOYS
5	Matthew Richeson	Nakkertok	103	0:21:50.0	04:52	PEE WEE BOYS
6	Pierrick Forge	Skinouk	97	0:22:11.6	04:57	PEE WEE BOYS
7	Dominique Ranger	Skinouk	85	0:22:25.0	05:00	PEE WEE BOYS
8	Patrick Westdal	Nakkertok	86	0:22:25.6	05:00	PEE WEE BOYS
9	Eli Shapansky	Nakkertok	94	0:22:26.4	05:01	PEE WEE BOYS
10	Jack Moryto	Pembroke Nordic	98	0:22:35.5	05:03	PEE WEE BOYS
11	Raphael Guerout	DRXC	87	0:22:42.8	05:04	PEE WEE BOYS
12	Hugo McGraw	Skinouk	91	0:23:57.7	05:21	PEE WEE BOYS
13	Laurent Fortier	Skinouk	90	0:24:06.7	05:23	PEE WEE BOYS
14	Sebastien Tremblay	Nakkertok	104	0:24:10.0	05:24	PEE WEE BOYS
15	Christopher Hearty	Kanata Nordic	101	0:26:15.2	05:52	PEE WEE BOYS
16	Ivan Jensen	Chelsea Nordiq	89	0:26:15.4	05:52	PEE WEE BOYS
17	Declan McClure	Nakkertok	93	0:27:40.9	06:11	PEE WEE BOYS
18	Liam Hearty	Kanata Nordic	102	0:27:55.5	06:14	PEE WEE BOYS
19	Jeremy Hornung	Nakkertok Nordic	88	0:27:55.9	06:14	PEE WEE BOYS
20	Aidan Barney	Nakkertok	99	0:30:45.5	06:52	PEE WEE BOYS
21	Rowan Bagshaw	DRXC	100	0:33:32.4	07:29	PEE WEE BOYS

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Category #7 - Pee Wee Girls (ages 10-11) - 4.5 km (actual distance of 4.48 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Britt Halvorsen	Nakkertok	107	0:20:28.7	04:34	PEE WEE GIRLS
2	Mallory Williams	Nakkertok	108	0:20:32.7	04:35	PEE WEE GIRLS
3	Magalie Daoust	Skinouk	115	0:22:24.4	05:00	PEE WEE GIRLS
4	Samantha Csisztu	Pembroke Nordic	111	0:22:42.9	05:04	PEE WEE GIRLS
5	Sophie Levasseur	Pembroke	109	0:23:19.8	05:12	PEE WEE GIRLS
6	Lilli Thomas	Nakkertok	113	0:23:22.7	05:13	PEE WEE GIRLS
7	Keliane Johnston	Skinouk	106	0:23:55.8	05:20	PEE WEE GIRLS
8	Rachel Morris	Nakkertok	116	0:23:58.6	05:21	PEE WEE GIRLS
9	Sophie Tremblay	Nakkertok	118	0:24:44.2	05:31	PEE WEE GIRLS
10	Lea Skerrett	Nakkertok	110	0:24:47.9	05:32	PEE WEE GIRLS
11	Katie Macintosh	Nakkertok	114	0:25:04.6	05:36	PEE WEE GIRLS
12	Catherine Girard	Skinouk	105	0:25:07.8	05:37	PEE WEE GIRLS
13	Kelly Ding	DRXC	117	0:34:11.9	07:38	PEE WEE GIRLS

Category #8 - Juvenile Boys (age 15) - 7 km (actual distance of 7.19 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Graham Daly	Nakkertok	119	0:26:23.4	03:40	JUVENILE BOYS
2	Pierre Grall-Johnson	Nakkertok Nordic	121	0:26:55.3	03:45	JUVENILE BOYS
3	Nick Cheney	Nakkertok	122	0:26:58.7	03:45	JUVENILE BOYS
4	Ezra Pierce	Nakkertok	123	0:28:10.8	03:55	JUVENILE BOYS
5	Nicholas Dolcetti-Koros	Nakkertok	120	0:29:56.1	04:10	JUVENILE BOYS

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Category #9 - Juvenile Girls (ages 14-15) - 7 km (actual distance of 7.19 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Talia Hennessy	Nakkertok	124	0:26:56.0	03:45	JUVENILE GIRLS
2	Tove Halvorsen	Nakkertok	125	0:26:58.1	03:45	JUVENILE GIRLS
3	Kendall Saravanamuttoo	Nakkertok	130	0:28:46.9	04:00	JUVENILE GIRLS
4	Bronwyn Williams	Nakkertok	126	0:28:55.5	04:01	JUVENILE GIRLS
5	Marie-Alexandre Lemire	Nakkertok	133	0:29:04.8	04:03	JUVENILE GIRLS
6	Sabrina Morris	Nakkertok	132	0:29:14.7	04:04	JUVENILE GIRLS
7	Reilley McClure	Nakkertok	128	0:30:14.4	04:12	JUVENILE GIRLS
8	Meghan Burns	Nakkertok	127	0:31:50.0	04:26	JUVENILE GIRLS
9	Ashley Heroux	Nakkertok	134	0:31:59.9	04:27	JUVENILE GIRLS
10	Tiana Little	Chelsea Nordiq	131	0:32:33.8	04:32	JUVENILE GIRLS
11	Emma Richeson	Nakkertok	136	0:34:08.6	04:45	JUVENILE GIRLS
12	Jana Van Der Westhuizen	Chelsea Nordiq	129	0:34:54.9	04:51	JUVENILE GIRLS
13	Stephanie Girard	Skinouk	135	0:35:14.2	04:54	JUVENILE GIRLS

Category #10 - Junior Girls (ages 16-17) - 7 km (actual distance of 7.19 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Emily Heroux	Nakkertok	137	0:30:59.2	04:19	JUNIOR GIRLS
2	Audrey Guerout	DRXC	138	0:36:24.4	05:04	JUNIOR GIRLS

Category #11 - Junior Boys (ages 16-17) - 11 km

(no entries)

Category #12 - Junior Men (ages 18-19) - 15 km

(no entries)

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Category #13 - Senior Men (ages 20-29) - 15 km (actual distance of 15.34 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Ewan Craig	Laurentian Univ	140	0:51:07.4	3:20	SENIOR MEN

Category #14 - Masters Men I (ages 30-39) - 15 km (actual distance of 15.34 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Peter Tregunno	Team Havefun	144	0:56:33.2	03:41	MASTERS MEN I
2	Chris Inch		141	1:15:55.2	04:57	MASTERS MEN I
3	Josh Erling		142	1:28:16.0	05:45	MASTERS MEN I
4	Robert Wiersma	DRXC	143	1:31:41.4	05:59	MASTERS MEN I

Category #15 - Masters Men II (ages 40-49) - 15 km (actual distance of 15.34 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Tony Biernacki	Pembroke	145	0:53:31.5	03:29	MASTERS MEN II
2	John Westdal	Nakkertok	147	0:56:29.1	03:41	MASTERS MEN II
3	Trevor Plestid	XC Chelsea Masters	146	0:58:28.7	03:49	MASTERS MEN II
4	Todd Fairhead	Nakkertok	159	0:59:59.0	03:55	MASTERS MEN II
5	Gaetan Lacroix	Skinouk	148	1:03:44.0	04:09	MASTERS MEN II
6	Mathieu Trepanier	Nakkertok	154	1:06:02.0	04:18	MASTERS MEN II
7	Aubrey Fletcher	Drxc Paxc	149	1:06:09.1	04:19	MASTERS MEN II
8	Dave Allan	Nakkertok	150	1:07:23.4	04:24	MASTERS MEN II
9	Steve Thomas	Nakkertok	152	1:08:26.7	04:28	MASTERS MEN II
10	Frederic Ranger	Skinouk	160	1:10:38.4	04:36	MASTERS MEN II
11	Fabrice Guerout	DRXC	156	1:12:06.7	04:42	MASTERS MEN II
12	Rick Heroux	Nakkertok	155	1:14:07.0	04:50	MASTERS MEN II
13	Orvil Dillenbeck	DRXC	151	1:18:38.1	05:08	MASTERS MEN II
14	Stephen Hopkins	DRXC	158	1:32:15.5	06:01	MASTERS MEN II
15	Jay Serdula		157	1:39:14.6	06:28	MASTERS MEN II
--	Ailsa Eyvindson	DRXC	153	1:07:49.5	04:25	MASTERS MEN II

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Category #16 - Masters Men III (ages 50-59) - 15 km (actual distance of 15.34 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Bryan Aller	Nakkertok	161	0:55:13.9	03:36	MASTERS MEN III
2	Jean-Christophe Vialaret	Skinouk	171	0:55:20.7	03:36	MASTERS MEN III
3	Yves Girard	Skinouk	163	0:55:37.5	03:38	MASTERS MEN III
4	Mark Kulas	PAXC	162	0:56:15.7	03:40	MASTERS MEN III
5	James Young	Nakkertok	165	0:57:44.2	03:46	MASTERS MEN III
6	Glenn Cheney	Nakkertok	174	1:01:53.6	04:02	MASTERS MEN III
7	Steve Howard	Nakkertok Nordic	170	1:02:48.8	04:06	MASTERS MEN III
8	Daniel Locas	Skinouk	172	1:04:01.8	04:10	MASTERS MEN III
9	Joey Slobodian	Nakkertok	168	1:06:19.0	04:19	MASTERS MEN III
10	Robert Donders	DRXC	166	1:07:40.7	04:25	MASTERS MEN III
11	Robert McClure	Nakkertok	167	1:08:50.9	04:29	MASTERS MEN III
12	Bruce Smith	DRXC	175	1:11:22.0	04:39	MASTERS MEN III
13	David Ross	PAXC	173	1:12:51.4	04:45	MASTERS MEN III
14	Steve Newman	PAXC	169	1:31:52.6	05:59	MASTERS MEN III

Category #17 - Masters Men IV (ages 60-69) - 15 km (actual distance of 15.34 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Perry Kirkey	Northbay Nordic	180	0:56:37.7	03:41	MASTERS MEN IV
2	Walter Benz		177	1:02:08.4	04:03	MASTERS MEN IV
3	Bruce Heinmiller	DRXC	181	1:13:23.8	04:47	MASTERS MEN IV
4	Erik Hagberg	DRXC	179	1:14:43.1	04:52	MASTERS MEN IV
5	Raymond Metcalfe	DRXC	178	1:22:36.0	05:23	MASTERS MEN IV

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Category #17B - Masters Men V (ages 70+) - 15 km (actual distance of 15.34 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Barrie Greiner	DRXC	183	1:11:28.4	04:40	MASTERS MEN V
2	Norman Spinks	DRXC	182	1:16:21.4	04:59	MASTERS MEN V

Category #18 - Junior Women (ages 18-19) - 11 km

(no entries)

Category #19 - Senior Women (ages 20-29) - 11 km (actual distance of 11.13 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Ingrid Hagberg	XC Ottawa	185	0:42:15.6	03:48	SENIOR WOMEN
2	Audrey Hagberg	DRXC	184	0:45:06.1	04:03	SENIOR WOMEN

Category #20 - Masters Women I (ages 30-39) - 11 km (actual distance of 11.13 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Alicia Berthiaume	PAXC	186	0:45:12.1	04:04	MASTERS WOMEN I
2	Stephanie Rees	North Bay Nordic Ski	191	0:45:55.6	04:08	MASTERS WOMEN I
3	Kristen Bridges	Pembroke	187	0:47:00.6	04:13	MASTERS WOMEN I
4	Emily Beedell	Nakkertok	188	0:50:50.0	04:34	MASTERS WOMEN I
5	Andrea Strachan		190	0:52:01.8	04:40	MASTERS WOMEN I
6	Christiane Tremblay		192	1:01:06.3	05:29	MASTERS WOMEN I
7	Janice Ball		189	1:03:32.3	05:43	MASTERS WOMEN I

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Category #21 - Masters Women II (ages 40-49) - 11 km (actual distance of 11.13 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Kathleen Mottershead	PAXC	193	0:48:20.8	04:21	MASTERS WOMEN II
2	Isabelle McMartin	Skinouk	198	0:51:16.7	04:36	MASTERS WOMEN II
3	Marie-Josée Morel	Skinouk	199	0:54:26.5	04:53	MASTERS WOMEN II
4	Caroline Forest	Skinouk	197	0:55:34.7	05:00	MASTERS WOMEN II
5	Marie-Josée Boucher	PAXC	200	0:55:52.4	05:01	MASTERS WOMEN II
6	Chantal Cote	Skinouk	194	0:56:46.9	05:06	MASTERS WOMEN II
7	Manon Prevost	Skinouk	196	0:59:19.3	05:20	MASTERS WOMEN II
8	Angela Slobodian	Nakkertok	195	1:08:15.9	06:08	MASTERS WOMEN II

Category #22 - Masters Women III (ages 50-59) - 11 km (actual distance of 11.13 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Christa Ramonat	Ottawa Racers	201	0:43:49.2	03:56	MASTERS WOMEN III
2	Carolyn Johnson-Grall	Nakkertok	204	0:47:06.9	04:14	MASTERS WOMEN III
3	Susan Atherley	Nakkertok Nordic	203	0:50:00.6	04:30	MASTERS WOMEN III
4	Lucie Poulin	Skinouk	202	1:02:34.1	05:37	MASTERS WOMEN III

Category #23 - Masters Women IV (ages 60+) - 11 km (actual distance of 11.13 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Mary Lynn Benz	DRXC	205	0:51:17.4	04:36	MASTERS WOMEN IV
2	Karen Colins	DRXC	206	0:57:39.0	05:11	MASTERS WOMEN IV
3	Diane Davis	DRXC	208	1:01:54.9	05:34	MASTERS WOMEN IV
4	Joan Kalechstein	DRXC	207	1:10:30.5	06:20	MASTERS WOMEN IV

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Category #24 - Open Event - 11 km (actual distance of 11.13 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Monika Cameron	DRXC	210	0:53:57.9	04:51	OPEN
2	Tammy Champ		209	0:53:58.0	04:51	OPEN
3	Meggan Vickerd		276	1:20:39.4	07:15	OPEN

Category #25 - Open Event - 9 km (actual distance of 9.34 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Doug Ranaltan	Nakkertok	274	0:45:24.8	04:52	OPEN
2	Marten Burns	Nakkertok	273	0:47:35.7	05:06	OPEN
3	Kevin McDonald	DRXC	211	0:49:00.3	05:15	OPEN
4	John Hosbons	Deep River	212	0:52:22.3	05:36	OPEN
5	Navdeep Dadhiala	DRXC	213	0:54:51.6	05:52	OPEN
6	Catherine Holden	Ajax Athletics	214	1:06:25.1	07:07	OPEN
7	Tom Holden	DRXC	215	1:17:04.8	08:15	OPEN

Category #26 - Open Event - 4.5 km (actual distance of 4.48 km used in pace calculation)

Place	Name	Club	Bib#	Time	Pace	Category
1	Tristan Jones		220	0:22:16.5	04:58	OPEN
2	Ellen Mooney	PAXC	217	0:31:13.1	06:58	OPEN
3	Tony Hinds	DRXC	218	0:33:40.4	07:31	OPEN
4	Allan Bancroft	DRXC	219	0:37:15.2	08:19	OPEN

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Category #28 – Skating Knock-Out Male (ages 13 & under) – 400 m

Place	Name	Club	Bib#
1	Alexis Lacroix	Skinouk	10-3
2	Damien Vialaret		12-3
3	Jeremie Ranger	Skinouk	11-1

Category #28 – Skating Knock-Out Female (ages 13 & under) – 400 m

Place	Name	Club	Bib#
1	Carly Little	Chelsea Nordiq	3-3
2	Sophie Ideias	Nakkertok	5-3
3	An Duong	Nakkertok	5-1

Category #28 – Skating Knock-Out Male (ages 14-18) – 700 m

Place	Name	Club	Bib#
1	Max Guerout	DRXC	20-1
2	Clay Moon	Chelsea Nordiq	20-2

Category #29 – Skating Knock-Out Female (ages 14-18) – 700 m

Place	Name	Club	Bib#
1	Talia Hennessy	Nakkertok	19-1
2	Meghan Burns	Nakkertok	15-1
3	Emily Heroux	Nakkertok	16-3

Category #30 – Skating Knock-Out Male (ages 19+) – 700 m

Place	Name	Club	Bib#
1	Ewan Craig	Laurentian Univ	22-2
2	James Young	Nakkertok	21-2
3	Steve Johnston	Skinouk	21-3

Category #30 – Skating Knock-Out Female (ages 19+) – 700 m

(no entries)

RACE OFFICIALS

STARTERS:	Adam Doherty, Sam Doherty
FINISH LINE:	Anne Audet, Sam Lachance, Allison Felix, John Felix
RADIO:	Dom Grosleau ,Ken Jeffers, Dan Hubert ,Bob Harrington, Richard Bourcier, Bob Howard
RESULTS:	SportStats
MARSHALS:	Clarence Hoffman, Phil Davis, Duncan Barber, Claire Metcalfe, Richard Nishimura, Candace Graham, Peter Brewster, Lori Walters, Wally Kalechstein, Gene Lemieux, Carol Robetrson, Brian Burke, Kaitlin Audet, Heather Martin, Nick Scheier, Ruth Lavergne, Kevin Blimkie, Denise Hamel, Alan Archer
ROAD CROSSINGS:	#1: Bill Diamond, Danielle Beaton, Amy Festarini #2: Rowley Kinghorn ,Lauren Kinghorn, Bob Jardine, Mathias Koslosky, Patti Kinghorn, Mike Wright, Tyler White and Stuart Yemen.
RECEPTION / BIBS:	Diane Wensel, Cheryl Rhodes, Barb Shreeve
LATE REGISTRATION:	Lois Fitzpatrick
CHIP DISTRIBUTION:	Mira Anghel, Rona Cleland
REFRESHMENTS:	John McKay and Deep River Venturers
TIME RECORDER:	Joanne Konyk
GROOMING & TRAIL PREP:	Bob Donders, George Doubt, Barrie Greiner, Wally Kalechstein, Glen Lyons, Dave Steer
FORERUNNERS:	Friday: Carol White, Joan Kalechstein, Phil Davis Saturday: Greg Mark, Phil Davis
SKI PATROL:	Steve and Myrna McCauley, Bob Cleland, Marc Audet, Glen Kyle
SWEEP SKIERS:	Caroline Lee, Carol White
SKI SKATE KNOCKOUT:	Chris McCready, Catherine McKenna, Aubrey Fletcher, Greg Mark, Vern Koslosky, Martin Koslosky, Lois Fitzpatrick, Adam Doherty, Sam Doherty
TRAIL MARKING	Diane Wensel, Carol White, Caroline Lee
SNOWMOBILE:	George Doubt, Marc Audet

SILVER SPOON ORGANIZING COMMITTEE

Chief of Race	Helena Rummens
Race Secretary	Helena Rummens
Chief of Course	Rob DeAbreu
Treasurer	Lois Fitzpatrick
Awards Coordinator	Suzette Fletcher
Buffet Coordinator	Diane Wensel
Volunteer Coordinator	Diane Davis
Grooming	Barrie Greiner, Dave Steer, George Doubt

THANK-YOU

The Silver Spoon Organizing Committee wishes to express their Sincere Thanks to:

- All volunteer officials for their invaluable, professional and cheerful assistance.
- The Deep River Golf Club for the use of the golf course.
- Local landowners for use of their land.
- The Renfrew County Catholic District School Board for use of St. Mary's school facilities.
- Pierre Beaupré and the caretaking staff at St Mary's School for their cheerful assistance.
- The Town of Deep River Public Works Department for barricades and snow removal.
- The Deep River Police Department for the use of their megaphone.
- Todd Chaput for help with trail clearing on the golf course portions of the course.
- Allan Bakewell, Brent Cooper, and Bob Donders for help with the set up of the start and finish standards and/or take down of barriers.
- The Deep River XC Ski Club for their assistance and cooperation during preparations for the race.
- Giant Tiger for discounts on merchandise.
- The Renfrew County Amateur Radio club for communications.
- The North Renfrew Times for publication of Silver Spoon articles.
- Bright Ideas Software, for graphic arts and the creation and maintenance of Silver Spoon Web page.
- The Bear's Den and Gearheads for their generous donations of awards.
- Mary Lynn Benz for the creation of the Silver Spoon prizes (custom-made plates).
- Victoria Cleary, Athletic Therapist, of VC Athletic Therapy and Bracing of Petawawa.
- MCS Nordic Ski Team for their help with table setup.

LOOK FOR SILVER SPOON ENTRY FORMS, START SHEETS AND RESULTS ON OUR WEB PAGE:

<http://bright-ideas-software.com/silverspoon/RaceResults.html>

The Silver Spoon Committee hopes that all skiers enjoyed the Silver Spoon Event! We look forward to seeing you back next year for:

the 43rd Silver Spoon Ski Fest